## Messy Play Day

## QP (A)

## at OLQP Occasional Care and Playgroup

This week, Week 4 of Term 4, 2022, at OLQP Occasional Care and Playgroup we have enjoyed "Messy Play Day." We had a lot of different sensory experiences set up for the children to explore and play with. Some of the experiences we had included "Gelli Baff"-or in our case it was a shell pool full of jelly, water play, oobleck, mud play, rice play, coloured spaghetti, sand play, playdough, painting with our hands and more.

Sensory play is an important part of the play and learning that we do at OLQP Occasional Care and Playgroup.

The benefits of sensory play are

- It helps our brains to develop nerve connections
- It encourages the development of fine and gross motor skills
- It promotes language development
- It encourages learning through exploration and curiosity
- It encourages problem solving and creativity
- It can also be very relaxing and good for children's wellbeing

Look at how much fun we had!















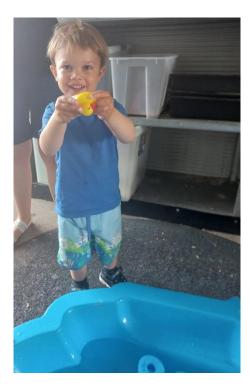


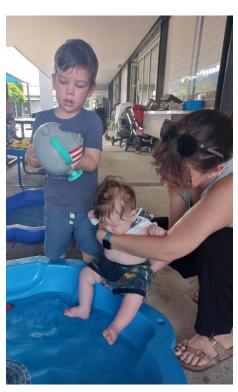
















If you would like to join in the fun with us

Playgroup is on Wednesdays 9-10.30am

Occasional Care is on Tuesdays 9-12pm for children 3-5yrs

For more information see flyers below regarding Playgroup and Occasional Care or contact Rachael on <u>rstathis@olap.catholic.edu.au</u>